

MorePAL

REPORT ON TRAINING WITH PARENTS AND CHILDREN

The influences of TV programs on children' behaviours

Trainer: Laura Runceanu

Date: Tuesday, November 6, 2007

Venue: Horea School, Cluj-Napoca

Objectives of the training:

By the end of the module, the parents and teachers will be able to:

- To describe the influences of TV programs on children' behaviours;
- To identify efficient strategies for influencing children' behaviour;
- To collaborate in order to implement these strategies.

Hour	Activity
17.00-18.30	<ul style="list-style-type: none"> ▪ Self-knowledge exercise: „Which TV program I prefer?”(20 min.) ▪ Introduction of training objectives ▪ Questionnaire: <i>Where does TV fit in at your house?</i> (30 min.) ▪ Activity in pair („Think-Pair-Share”): <i>What programmes likes my child?</i> (10 min.) ▪ Positive-negative influences of TV programs on children' behaviours (30 min.)
18.30-18.45	Break
18.45-19.30	<ul style="list-style-type: none"> ▪ Application: <i>What can I do in order to reduce the negative influences of TV programs on my child's bevhaviour?</i> (15 min) ▪ Discussions following the application (20 min.) ▪ Conclusions (5 min.) ▪ Workshop evaluation – exit cards (5 min.)

The majority of participants was made up of primary education teachers from the school. Some of them are parents as well, so that their children have accompanied them.

The activities were organised in parallel sessions; the parents were involved in exercises and discussions about the influences of TV programs on their children behaviour and what to do in order to reduce the negative influences of these programs. During these discussions, the children were drawing in the same room.

The participants were interested in the topics and they have identified together some solutions. At the end of the session they were given a course

support (“10 things parents can do”) with suggestions on how to reduce the influence of TV programs on children behaviour.

The answers written on the exit cards are:

The most important thing I have learnt today

- TV programs have a relevant influence on children behaviour
- Parents and children can contribute to reducing TV influences
- We can choose a TV program and limit the time spent at TV by involving the child in other activities (reading, walking, and games a. s. o.)
- We should watch TV programs together with our children
- TV programs also have positive influences on children’ behaviour
- TV has negative influences on children’ health
- We can do sport instead of watching TV
- The parents’ model
- The family and school involvement are very important in supervising the children and the activities they prefer
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A question:

- How do we approach stubborn children?
- How many activities are there planned in this project?
- How can we reduce the negative influences of the street?
- Why there are not more institutions involved in the selection of TV programs?
- Why there are no TV channels for children (excepting for cartoons)?
- Where can we find more materials on TV programs influences on children?

A comment:

- This course was helpful
- The topic of this workshop was interesting and educative
- It was a very educative topic for the parents
- I would like to participate in regular meetings (monthly, weekly)
- It was a very good session, very informative
- The workshop was very interesting and instructive
- The workshop was very useful

List of participants (children’s name in bold type)

1. Mîndruț Cornelia
2. Samoilă Diana
3. Ispas Nița (**Claudia and Cătălin**)
4. Paleu Adrian
5. Paleu Mihaela (**Vlad**)
6. Berci Gabriela (**Cătălina**)
7. Ispas Dorina

8. Gherghinoiu Eugenia
9. Dordai Marilena (**Cristina**)
10. Vlad Cornelia
11. Ban Elena
12. Vereșezan Simina (**Andrei**)
13. Pop Carmen
14. Șuiu Amalia
15. Damian Meda
16. Goia Viorica
17. Goiți Ramona

MorePAL

REPORT ON TRAINING WITH PARENTS AND CHILDREN Management of aggressive behaviours

Trainer: Laura Runceanu

Date: Wednesday, November 7, 2007

Venue: Horea School, Cluj-Napoca

Objectives of the training:

By the end of the module, the parents and teachers will be able to:

- To describe the contexts in which bullying takes place;
- To analyse the behavioural clues, which indicate that the child is being bullied or is bullying other children;
- To describe efficient strategies for influencing the behaviours of children who are bullied and to reduce school violence;
- To collaborate in order to implement these strategies in the school and at home.

Hour	Activity
17.00-18.30	<ul style="list-style-type: none">▪ Self-knowledge exercise: „Schoolmates” (20 min.)▪ Introduction of training objectives▪ Aggressive behaviours in the school. Discussions (10 min.)▪ Case study „Paul” (30 min.)▪ Activity in pair (parent-school teacher): <i>How to collaborate in order to reduce bullying?</i> (30 min.)
18.30-18.45	Break
18.45-19.30	<ul style="list-style-type: none">▪ Violence in school. Identification of local situations/examples (15 min)▪ <i>How can be school conflicts avoided?</i> Identifying solutions (20 min.)▪ Conclusions (5 min.)▪ Workshop evaluation – exit cards (5 min.)

The majority of participants was made up of primary education teachers from the school, and parents. The parents have participated in this session without their children.

The participants were involved in exercises and discussions about bullying after having analysed a case study on this topic. Afterwards they have had identified solutions for reducing bullying and school conflicts. At the end of the session they were given a course support (“Intervention strategies in bullying”).

The answers written on the exit cards are:

A comment:

- It was important and useful to share responsibilities between the parents, teachers, and school
- The topic was very interesting, and the discussions will help us in our activities
- It was very educative for us, the parents in order to understand our children better
- The workshop was very interesting and we have learnt some practical things that can be used in the class
- Thank you for these workshops
- The topic was very well approached

A suggestion for further workshop topics:

- Inclusive education of children with SEN (Individualised Educational Plans)
- Other methods for approaching children with behavioural challenges
- Learning difficulties
- ADHD
- Class management
- Conflict management
- Stubborn children
- Opinions towards children with different ethnic backgrounds

List of participants (children's name in bold type)

1. Mîndruț Cornelia
2. Samoilă Diana
3. Paleu Adrian
4. Ispas Dorina
5. Pop Emilia
6. Gherghinoiu Eugenia
7. Dordai Marilena
8. Vlad Cornelia
9. Ban Elena
10. Vereșezan Simina
11. Pop Carmen
12. Șuiu Amalia
13. Damian Med
14. Goia Viorica
15. Goiți Ramona
16. Nan Maria